

# Federation Cross Country Competition



On Thursday 9<sup>th</sup> March, The Park Federation hosted the annual cross country competition at Lake Farm Park academy with 84 athletes taking part in total.

The girl's race ran first with 42 girls from across the federation nervous, but ready, for the 2km run ahead of them. They set off with all athletes looking strong in the early stages of the race. The girls from Western House, showed that the time and effort they had put in during training was paying off when Mya finished in 1<sup>st</sup> place picking up the individual winners shield. Not long after, Taygen finished in 2<sup>nd</sup> and Emily in 3<sup>rd</sup> - what a fantastic start. The full list of how the girls have done is below:

Mya	Winner
Taygen	2 <sup>nd</sup>
Emily	3 <sup>rd</sup>
Caitlin	6 <sup>th</sup>
Olivia	10 <sup>th</sup>
Rachel	11 <sup>th</sup>
Simran	28 <sup>th</sup>

Next up was the boy's race. All Western House boys were ready and motivated - thanks to the girl's strong start. They all set off strong into the 2km course. Over at the finish line, it was again WHA who would take the individual winner with Ryan finishing the race very strong and a good 30 seconds in front of 2<sup>nd</sup> place. WHA also picked up 2<sup>nd</sup> place with a sprint finish against a boy from Wood End Park but Maks was too strong. The full list of Western House boys places are as follows:

Ryan	Winner
Maks	2 <sup>nd</sup>
Kacper	4 <sup>th</sup>
Justin	6 <sup>th</sup>
Dylan	9 <sup>th</sup>
Toby	10 <sup>th</sup>
Reece	16 <sup>th</sup>

Western House Academy completed the treble, winning individual boy, individual girl and team winners with a total score of 44. Cranford Park Academy came in at 2<sup>nd</sup> place for the teams with a score of 113. Well done to all that took part but particularly Western House who in the end were too strong for the rest of the competition. CHAMPIONS AGAIN!

