

Sports Hall Athletics Competition

On Friday 18th November, Western House Academy participated in both the Years 3 and 4 and Years 5 and 6 Sports Hall Athletics competitions at Herschel Grammar School. It was a Slough School Sports event with Schools from all over Slough and Langley attending.

Teams consisted of 18 children, 9 boys and 9 girls with each athlete competing in 2 track events and 2 field events from the following :-

Track events

- Obstacle relay
- 1+1 relay
- 2+2 relay
- Hurdles (3&4) 6 lap Paarlauf (Y5&6)
- Over under relay
- 4x1 relay

Field events

- Chest push
- Soft javelin
- Standing long jump
- 5 strides (Y3&4) standing triple jump (Y5&6)
- Vertical jump
- Speed bounce

Both teams from Western House were excellent throughout the day showing fantastic knowledge of each event which they learnt through hours of after school training.

The results:-

- Years 3 & 4 finished 4th out of 10 schools
- Years 5 & 6 finished 3rd out of 12 schools

Congratulations goes out to Lynch Hill Primary Academy who won both competitions. Western House and Lynch Hill work closely together in after school fixtures and is our strongest Primary School link.

Athletes attended:-

Years 3 & 4 - Tiarrah, Rania, Mikayla, Amina, April, Layla, Ashlyn, Mary Ann, Harleen, Joshua, Ikram, Pranava, Manveer, Zack, Oliver L, Mateusz, Jake R, Daniel.

Years 5 & 6 - Mya, Chanae, Taygen, Vanessa, Madison, Richa, Samitha, Caitlin, Shelique, Ryan, Kacper, Khalid, Dylan, Maks, Reece, Toby, Joshua, Yusuf.

