

SPORTS LEADERSHIP AT WESTERN HOUSE

At Western House we try and offer many leadership roles for KS2 so the children can gain responsibility and organisational skills. In sport we have 'Sports Leaders'. The sports leaders are role models for the earlier years, showing excellent behaviour and sportsmanship at all times.

The sports leaders have many duties within Western House. These are;

- Helping run SMUSA (student mentoring using sports activities) which is our lunch time club where children can play a variety of sports such as football, netball, tennis, hockey, dodgeball. Basketball and many more.
- Helping and timing children through Danyal's Trail which is our fitness trail that works on our fundamental skills agility, balance and coordination, At Western House we believe in promoting a healthy lifestyle and this is one of the ways we are trying to achieve this.
- Refereeing after school fixtures and sports week events for earlier years.
- Helping out in after school training alongside the sports coaches.

Here are some comments from some of our sports leaders about what this role means to them and how they feel when they help the earlier years in sport –

Q, What does being a sports leader mean to you?

Dania "It means helping other children across the year ranges to achieve their goals in sport no matter what it is. Beating their time on the Danyal Trail or even scoring a goal in Smusa."

Kieran "For me it means to be sporty and passionate about what you do and also to take responsibility in what you do. The main thing is to get more and more people involved in sports."

Q, How do you feel when you are helping the earlier years in sport?

Dania "I feel happy and have hope for them to achieve what they are doing. And I also encourage them and demonstrate how to do it if they need help. I love their attitude, they never give up."

Kieran "I feel proud to be able to help them in sport, also I feel motivated to help them because I want to get everyone involved in sport."

Q, What's your favourite part about being a sports leader?

Dania "For me my favourite part is helping the younger years in sports. But really they are all good."

Kieran "My favourite part is when I can help lower years to improve in every sport so that they can have the courage to extend their skills in life."

